



**SPRINGDALES**  
• Our Best Always •

# *The* **SPRINGER**

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*Mango*

**SPRINGDALES SCHOOL JAMMU**

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# PRINCIPAL'S LETTER



*In its early stages, human mind is a coarse grain of sand, a nurturing shell offering a broad spectrum of learning opportunities and experiences. It eventually gets nourished into nature's most gifted ominous pearl of creative ideas, knowledge and critical thinking to revolutionize the world.*

I am extremely sanguine that Springdales School, since its genesis has offered itself as a shell for sheltering & fostering human minds in their raw state to be matured into empowered individuals. I wish that the educational journey of our children is happy with wonderful experiences and beautiful memories to cherish.

School magazine 'Springer' exhibits the creative skills of our students and gives a glimpse of activities and achievements of our students. I appreciate the effort of the editors in bringing out students talent and providing us a peek into their activities. I am sure, the positive attitude and ideas expressed by our students will stir the minds of the readers.

*Happy Reading.*

**MS. ARCHNA MANHAS**  
**PRINCIPAL**



# MENTOR SPEAK



Whether it was 'The Road not Taken' by Robert Frost, or the saying 'Failure is the best teacher', one must step out of one's comfort zone. There is no doubt in my mind that the path less travelled is the one that most should take, and I firmly propose the motion.

The major reason that most of us refrain from travelling a path that is less chosen is simply because it is unexplored. The human mind often tends to choose the safer route over the one that could pose to be more dangerous or challenging. However, till when should all of us be kept in our cocoon of safety? When is the correct time for us to finally leave behind this cocoon and take on the hardships? The answer is now.

It is not some ground-breaking discovery that taking on a path less travelled will have more challenges and a lot of unforeseen results. But the main reason that you should take the path less travelled is because of the surprises it might carry with itself. The path will give you a rush of adrenaline like no other, you will be far more enthusiastic about what is to come because you are trying something new, something that perhaps no one has done before you. Learning is the most important reason for all of us to take the path less travelled. Sure, maybe it was the route that most of us did not take for a reason, but whether the path you took was better or worse than the norm in the process of traversing it, you would have learned things which you might have otherwise remained unaware of.

Not to mention that the path more often travelled could also be the wrong one and might have never been corrected if one weren't to take the path less taken. To bolster this statement let me give you the example of Sati – practice in which the widow was supposed to be burned alive (which is one of the worst ways to go according to scientists) on the funeral pyre of her late husband. In India, this had become a prevalent cultural norm, and most families did it.

At this point I believe that it has become pretty evident on why taking the path less travelled is far superior not only for us as an individual but in certain cases also for the betterment of society. I think this mob mentality that refrains us from straying too far away from society, seemingly trying to hold humanity together is what is breaking us apart from the core. We should leave behind our comfort zones, and finally take on some challenges, because what is the worst that could happen? We might fail, but as I stated at the start, failure is the best teacher. So at the end of the day whether successful or not, at least you would have still improved.

**MS. ROOPALI RAJPUT JAMWAL**  
**TEACHER EDITOR**

# EDITORIAL

## THINK ABOUT IT



*A diplomat is someone who thinks twice before saying nothing.*

I'm stressed, and I'm told that I am the best person to fulfil this duty of delivering a message to the school after every three months. This time, I intend for this to sound like my diary.

I am fond of flowers. I'm aware that this would surprise you. I promise, it will all make sense. Flowers are the sole inspiration for me to pen this down. Flowers are beautiful, aren't they? Well, each of us here at Springdales is like a flower, with different colours and characteristics.

I believe it's the beauty of our flower's individuality that defines us. Maybe it's this specific time, when the old flowers shed, and the new ones replace them.

As I previously stated, we are all flowers. In this metaphor, this institution is a garden; it's a home for each one of us, a haven. ~~Maybe it's where all of us belong.~~ In this garden of various flowers, some bloom too well, some never bloom, and some are plucked out. In this dynamic, my message to each person reading this is that, in the quest for achievements, politics, and accomplishment, don't ruin your flower. Teach your flower to love to learn rather than love to achieve.

Sometimes, I think about what's next in the sequence of events, and situations. This is the problem with me: I tend to imagine the very end rather than focusing on the present. Let's just say, what's supposed to happen will ultimately happen. As I've personified flowers earlier, ~~even flowers like us know the language of existence.~~ There were so many flowers which were never watered; there were so many flowers which were never planted, there are so many flowers which would never make it to the shedding part; and there are so many flowers who could never grab attention. Flowers, like us social beings, require assurance and love to know that they are desired. For flowers, this reassurance might be water or sunlight, but for us, it's compliments. We need to understand that it's never compliments which bring in a change, but the criticism.

I remember that in one of the "productive" English classes, Ms Roopali ma'am and I disagreed on the beauty of poems centred on the idea of nature. Now that I think about it, I was incorrect in my thinking. I think there is a lot of beauty in nature, and basing my editorial on flowers says a lot. For me, flowers are the epitome of romance. In a poet's language, I would also say that nature is the epitome of beauty. I would say that my English teacher blunt comments always worked as a reassurance for me. Atlast, The Springer, I believe, is the soul of Springdales School, and it beholds every secret you would love to bury in it. This issue again represents Springers opinions, thoughts and visions.

**SAHAS NAYYAR**  
**STUDENT EDITOR (CLASS 9TH)**

# SPRINGER UPDATE



## ACHIEVEMENTS

### WINNERS OF INTER HOUSE KHO KHO COMPETITION (BOYS)

TAWI HOUSE



### WINNERS OF INTER HOUSE STEAM QUIZ

JHELUM HOUSE WON FIRST POSITION



### WINNERS OF INTER HOUSE FOOTBALL COMPETITION (BOYS)

CHENAB HOUSE



### WINNERS OF INTER CLASS DANCE COMPETITION

CLASS 9TH WON FIRST POSITION  
CLASS 7TH WON SECOND POSITION  
CLASS 6TH WON THIRD POSITION



### WINNERS OF INTER CLASS WESTERN SONG COMPETITION

CLASS 9TH WON FIRST POSITION  
CLASS 10TH WON SECOND POSITION  
CLASS 6TH WON THIRD POSITION



# SPRINGER UPDATE



## WINNERS OF INTRA CLASS SPORTS DAY ( KINDERGARTEN )

### NURSERY CLASS

1st Prize: Rishav Gouria & Sidhant Koul

2nd Prize: Venus

3rd Prize: Divyansh Koul



### LKG CLASS

1st Prize: Mane Pratap

2nd Prize: Thakur Advik

3rd Prize: Dharsh Dhar



### UKG CLASS

1st Prize: Garvit & Kridhayveer

2nd Prize: Shivansh

3rd Prize: Mehakpreet



## WINNERS OF INTRA CLASS FANCY DRESS COMPETITION ( KINDERGARTEN )

### NURSERY CLASS

1st Prize: Mritunjay Manhas & Venus

2nd Prize: Anvika Manhas & Ditya Gupta

3rd Prize: Aayansh Raina



### LKG CLASS

1st Prize: Dakshita, Thakur Aadvik

2nd Prize: Sanvarth, Salviya

3rd Prize: Vihaan Sharma



### UKG CLASS

1st Prize: Karunya

2nd Prize: Shivika, Garvit

3rd Prize: Guransh, Lavin



# SPRINGER UPDATE



## LIFE SKILLS SESSION

A work shop on 'LIFE SKILLS' was conducted today by Dr. Shikha Chaudhary and Ms. Poonam Dinshaw where the students were apprised about how to Manage their anger issues and increase their productivity. Various 'Triggers of Anger' and the 'Circle of Control' were discussed in detail with them. Overall the session was very motivating for the students.



## BEST CLASS FOR THE MONTH OF NOVEMBER

**KINDERGARTEN SECTION**



**NURSERY**

**PRIMARY SECTION**



**3RD**

**SECONDARY SECTION**



**6TH**

# SPRINGER UPDATE



## EDUCATIONAL TRIP

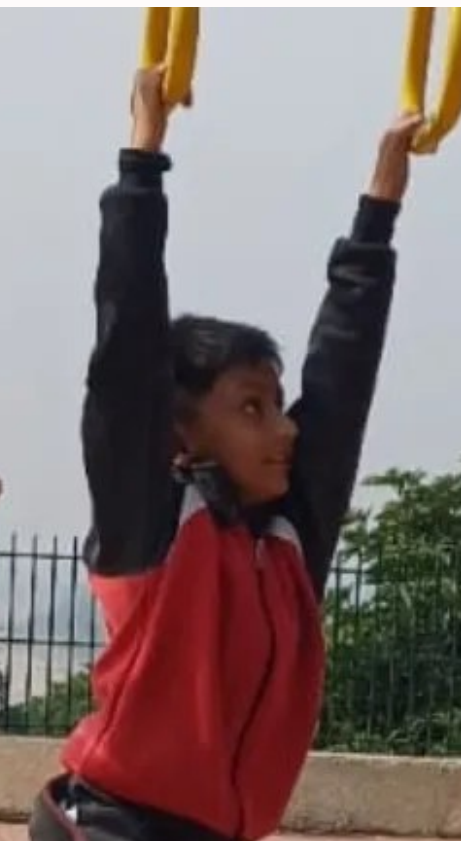
STUDENTS OF SENIOR SECTION WERE TAKEN TO IIM INSTITUTE JAMMU.



STUDENTS OF KINDERGARTEN SECTION WERE TAKEN TO MANDA ZOO JAMMU.



## PICNIC



A REJUVENATING PICNIC FOR PRE-PRIMARY AND PRIMARY STUDENTS WAS ORGANISED AT BAGH-E-BAHU.





# LITERATI BYTES



## SUNNY DAYS

When there's only one,  
the orange leaves destruct beneath my feet.  
But one and She is two,  
and then, even the putrid barks smell sweet.

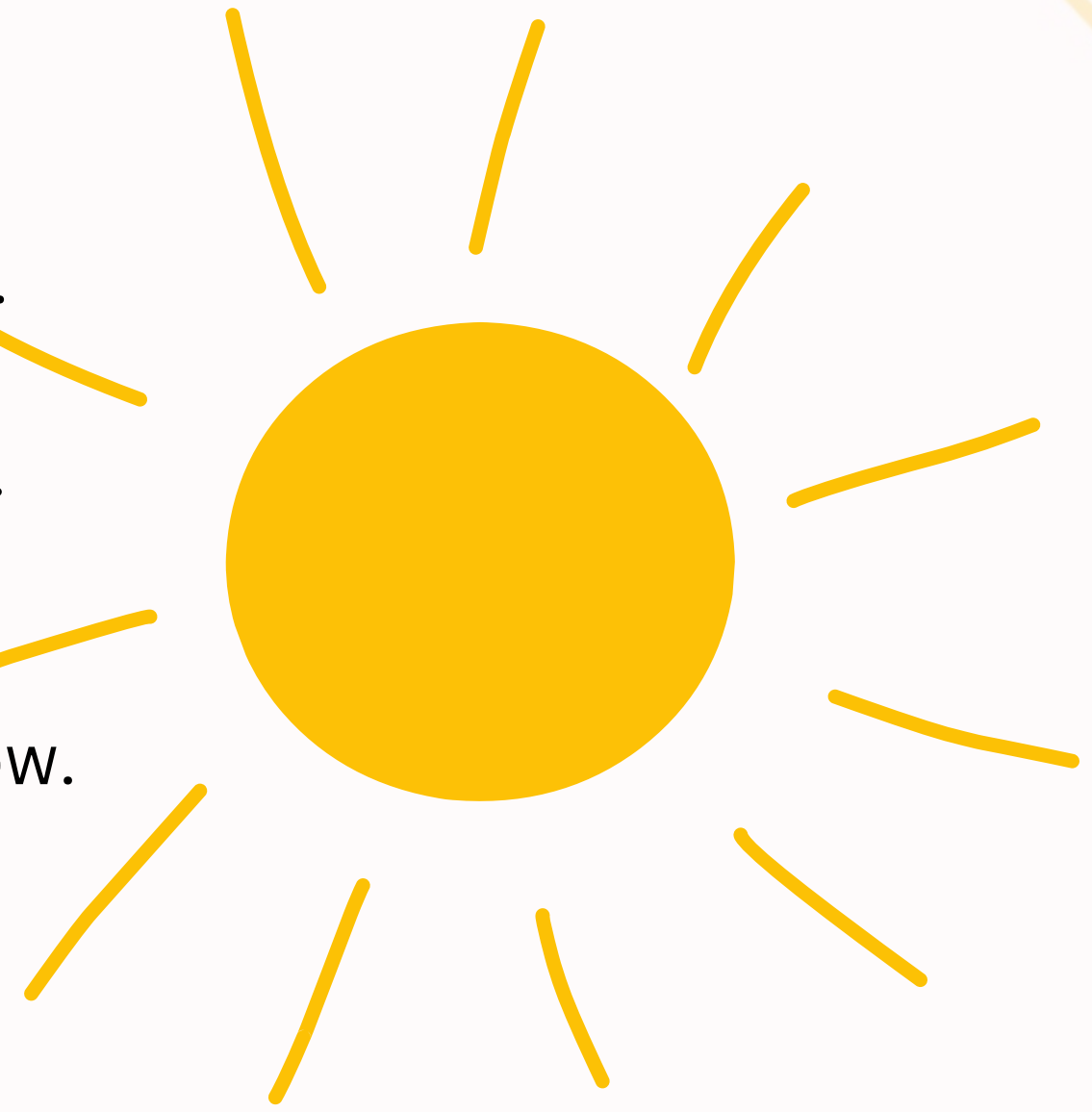
Bittersweet autumn has finally passed,  
I have awaited these sunny days for long now.  
They come by too rare.  
This autumn, we said we were friends.

The ultimate test is summer,  
a disguised thief of joy:  
I survived the chaos sailing side of you,  
Can you chart peace by mine?

These sunny days are fleeting visitors.  
They never do stay long.  
when no freezing snows  
distract from tangy mango memories.

Oh, sunny days!  
Be gentle with me and mine.  
I'm too fragile  
to survive another winter alone.

**AKSHARA RAINA**  
**CLASS-9TH**



## THE POWER OF HOPE

The biggest irony faced till now was the happiness of losing everything but still finding a hope to survive. The hope was to reach the star before becoming the stars. I know that there are many obstacles but the hope has now turned into a strong desire. I know there are many things that will try hard to keep you low but the desire has now turned into a aim. I know there are many situations that will make me to do quit but the aim has now turned into a dream. I know all the dreams can't be true but that particular dream is my hope to survive. So I will continue to achieve my hopes, desires, aim and dreams until the irony of happiness get ends.

**ANIRUDH SHARMA**  
**IT INCHARGE**

# THE WEIGHT OF REGRET

Regret, the heavy burden I bear,  
A weight on my heart I cannot repair.  
The choices I made, the roads not taken,  
Haunt me now, my soul forsaken.

If only I had chosen differently,  
If only I had listened intently,  
To the whispers of my heart and soul,  
I wouldn't now be paying this toll.

Regret, the shadow that follows me,  
A reminder of what could have been,  
The tears I shed, the words unspoken,  
The moments lost; the promises broken.

If only I had paused to reflect,  
If only I had shown more respect,  
To the beauty of life and the gift of time,  
I wouldn't now be haunted by this chime.

Regret, the cruel mistress of fate,  
A lesson learned but too late,  
The scars I carry, the wounds unhealed,  
The memories that refuse to yield.

**RIYA KHULLAR**  
**CLASS-8TH**

## MIRROR

When you look towards the mirror,  
and see beyond the obvious.

"Is it just a mere reflection?",  
the thought leaves you dubious.

That exact replica,  
it looks back at you.

And somehow, those insides  
seem scattered and see-through.

In its eyes, you gaze,  
not saying a single word.

Thinking it through,  
this phenomenon seems absurd.

**AAINA RATRA**  
**CLASS- 10TH**



## STARS ESCAPE BEHIND CLOUDS

Stars escape behind clouds  
as thunder shouts  
getting into fright  
as these sparkles hate screaming  
bouts.

Stars escape behind clouds  
as thunder shouts  
azure turns into blackout  
Moon too not at site.

Stars escape behind clouds  
as thunder shouts  
getting into fright  
as these sparkles hate screaming  
bouts.

**JANVI PANDITA**  
**CLASS -6TH**

## संपादकीय

झूठ के पैर नहीं होते इसलिए वह ज़्यादा देर टिक नहीं पाता है परंतु जब मैं आधुनिक परिवेश पर नज़र डालती हूँ तो यह एहसास होता है कि झूठ के पाँवों भले ही न हों, इसके पंख ज़रूर होते हैं तभी तो सत्य उतनी जल्दी उद्धाटित भी नहीं हो पाता जितनी शीघ्रता से असत्य अपने पंखों से आसमान तक की उड़ान भर लेता है। आज विपरीत हवा के चलते और नैतिकता के अभाव में लोग सत्य को अनदेखा कर उसे अपने से पराया कर देते हैं और झूठ और झूठे व्यक्ति पर आँख मूँदकर विश्वास कर लेते हैं। झूठ भौतिक और आर्थिक उन्नति का आधार तो हो सकता है लेकिन आध्यात्मिक उन्नति के द्वार तो सच ही खोल सकता है। व्यक्तिगत अनुभव कहता है कि राजनैतिक पार्टियों का कवच तो झूठ हो सकता है लेकिन शिक्षा शास्त्रियों का कवच झूठ नहीं होना चाहिए। शिक्षा संस्थानों में झूठ का प्रवेश वर्जित हो क्योंकि शिक्षक और शिक्षार्थी दोनों ही भविष्य के प्रतिनिधि हैं और झूठ से भविष्य तो क्या वर्तमान भी कलुषित हो जाता है। जिस प्रकार गडरिए के झूठ शेर आया, शेर आया ने कई भेड़ों की जान ले ली उसी प्रकार हमारा एक झूठ हमारे कई आदर्शों पर हावी होकर नैतिकता का पतन कर डालता है। दरअसल डरपोक व्यक्तियों के अलावा और कोई झूठ नहीं बोलता और झूठे व्यक्ति की सज़ा यह है कि वह कभी भी विश्वास का पात्र नहीं बन पाता क्योंकि सच अगर रोशनी है तो झूठ अँधेरा और झूठे से मनुष्य और देवता दोनों घृणा करते हैं हम सब को संकल्पित होना चाहिए कि हम स्वयं को इन दोनों की घृणा का पात्र नहीं बनने देंगे।

विद्यालय की प्रार्थना सभा में गाए जाना वाला गीत –

“हम असत्य से बचें रहे, सत्य पर चलें” की पंक्तियों को आत्मसात करते हुए सत्य बोलने, सत्य की राह पर चलने के लिए वचनबद्ध हों, और संसार में सत्य की बयार चलाकर असत्य की आँधी पर अंकुश लगाएँ।

**सुषमा देवी**  
(हिंदी अध्यापिका)

## कोई और ना मिला

बहुत ढूँढा माँ, पर तेरी गोद जैसा घर ना मिला,  
लोग कहते हैं पैसे से सुकून भी मिल जाता है,  
जो सुकून मिलता है, वो पैसे से भी ना मिला।

घूमा मैं बहुत बड़े-बड़े होटलों में,  
पर तेरे हाथ के खाने का स्वाद कहीं और ना मिला।

मिलता हूँ हजारों लोगों से रोज़,  
पर जिस पर भरोसा कर सकूँ,  
ऐसा इनसान तेरे सिवा कोई ना मिला।

जन्मदिन भी आ रहा है मेरा,  
कई तोहफ़े भी मिलेंगे,  
पर तेरा बेटा होने से बड़ा तोहफ़ा कभी भी ना मिला।

बहुत ढूँढा माँ,  
पर तेरा साया किसी और में ना मिला।

**अनिरुद्ध शर्मा**  
**आई. टी. इंचार्ज**

## निराश न होना कभी

निराश न होना कभी,  
पथ पर चलते रहना,  
निराश न होना कभी,  
मन में आशा की किरण न बुझाना।

सबकी अपनी जीवन यात्रा,  
सबका अपने प्रभु पर भरोसा,  
सबकी अपनी तकदीर होती,  
तुम निराश न होना कभी।

चींटियाँ भोजन संग्रह करती,  
मकड़ी जाल बनाती,  
सीखो कुछ पर्यावरण से  
निराश न होना कभी।

नीचे हो तो ऊपर आओगे,  
मेहनत से फल मीठे पाओगे,  
अंदर से तुम टूटना नहीं,  
निराश न होना होना कभी।

**अक्षरा रैना**  
**कक्षा- नवमी**

## दसवीं कक्षा का सफ़र

कक्षा दसवीं की पढ़ाई,  
एक नयी यात्रा,  
एक चुनौती- सी दिखलाई देती है।

संघर्ष करते हैं, सपनों की ऊँचाई पाने के लिए,  
दिन -रात मेहनत करते हैं, पहचान अपनी बनाने के लिए।

परीक्षाओं के दिन हम तैयारी करते हैं दिल से,  
ज्ञान की बारिश में, हम भीगते हैं खुशियों के संग रहकर।

खेल के मैदान में रंग भरते,  
दोस्तों के साथ खुशियों का खेल खेलते।

कक्षा दसवीं की यात्रा है यह खास,  
ज्ञान के पहाड़ों की ऊँचाई तक,  
हम चढ़ते रहेंगे बिना थकान के,  
संघर्ष करेंगे हम और मजबूत बनेंगे,  
ताकि अपने सपनों को हम साकार कर सकें ।

दोस्तों के संग की जो मीठी-मीठी बातें  
हमारे जीवन में रह जाएगी बनके यादें।  
कक्षा दसवीं की यात्रा यही नहीं थमेगी,  
जब तक अच्छे अंकों से अपनी परीक्षाओं में आगे ना बढ़ जाएँ ।



नाम:- दीया शर्मा  
कक्षा:- दसवी

# पुस्तकों का महत्त्व

“वन बेस्ट बुक हंड्रेड गुड फ्रेंड्स के बराबर है,  
वन गुड फ्रेंड्स एक लाइब्रेरी के बराबर हैं।”

- डॉ. अब्दुल कलाम जी

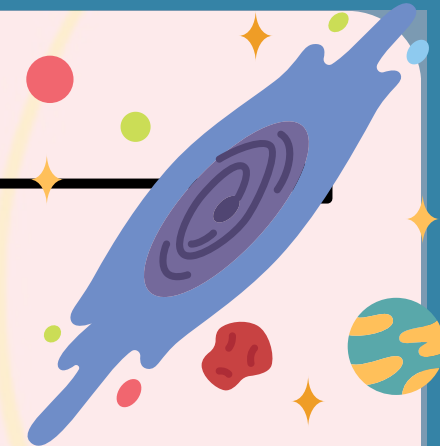
एक अच्छी किताब से हमें खुशी मिलती है। नई चीजें सीखने का मौका मिलता है। किताबें हमारे दिमाग को भी सक्रिय रखने में भी हमारी मदद करती हैं। किताबें बच्चों को बुनियादी भाषा कौशल विकसित करने और उनके शब्द ज्ञान का विस्तार करने में भी मदद करती हैं। किताबें हमें अपने सपनों को साकार करने और असफलताओं से फैले निराशा के बादलों को दूर करने में सहायक होती हैं। ये हमें अच्छा नागरिक बनने के लिए हमें प्रेरित करती हैं। किताबें पढ़ने से हमें बीते हुए समय का भी पता चलता है। बचपन में ये हमें काल्पनिक दुनिया की सैर कराती हैं। किशोरावस्था में हमारी जिज्ञासा को शांत करते हुए ज्ञानार्जन में सहायक होती हैं। वही वयस्क होने पर आत्मविश्लेषण में और किसी हद तक चरित्र -निर्माण तथा व्यक्तित्व विकास में भी सहायक होती हैं। अतः पुस्तकें हमारे लिए बहुत उपयोगी हैं। वास्तव में ये हमारी सच्ची मित्र हैं।

**अनिकेत सोनी**  
**कक्षा आठवीं**





# THROUGH THE WORMHOLE



## IS TIME TRAVEL POSSIBLE?

So, when it comes to time travel, it's a concept that has captured the imaginations of people for ages, including me! The idea of being able to go back in time or visit the future is incredibly exciting. Science is always evolving, and who's to say that one day we won't discover a way to bend the rules of time? It's a thrilling concept to ponder, don't you think?

According to our current understanding of physics, time travel to the past is considered highly unlikely. It's mainly because of the paradoxes that could arise, such as the famous "grandfather paradox." Imagine if you were able to travel back in time and accidentally prevent your grandparents from meeting. This would create a paradox where you would cease to exist, but if you cease to exist, then you couldn't have travelled back in time to prevent their meeting in the first place. It's a mind-boggling puzzle!

However, when it comes to traveling to the future, things get a little more interesting. One way this could potentially happen is through a concept called time dilation. Time dilation occurs when the speed or gravity of an object affects the passage of time. For example, if you were to travel at extremely high speeds or be near a massive gravitational field, time would pass slower for you compared to someone who is stationary. This means that while only a few years may pass for you, decades or even centuries could pass for those on Earth. So, in a way, you would have travelled to the future!

Another fascinating idea is the concept of wormholes. A wormhole is a hypothetical tunnel that connects two distant points in spacetime.. But who knows what the future holds? Science is constantly evolving, and what seems impossible today might become a reality in the future.

So, while time travel to the past remains a mystery, the possibilities of traveling to the future through time dilation or wormholes keep our imaginations alive. It's an exciting field of study that continues to captivate scientists and enthusiasts alike. Time travel truly feels like having a front-row seat to the mysteries of the universe. It's like unlocking a whole new dimension of exploration and adventure. While we don't have the ability to time travel just yet, who knows what the future has in store for us?

Maybe someday, through scientific advancements and groundbreaking discoveries, we'll find a way to make time travel a reality. Until then, we can keep fuelling our imaginations by indulging in the amazing stories and movies that delve into this captivating concept. It's a thrilling thought, isn't it? The possibilities are endless!

**DIA SHARMA**  
**CLASS 10TH**

# ONENESS

## SHOULD ANY CULTURE BE BLINDLY FOLLOWED?

Culture has always been a sense of pride and an aspect of individuality and diversity for anyone who has seen it evolve exponentially through the past generations. Culture runs through our blood as we have inherited it from the practices, livelihood, and knowledge of all our ancestors. It has shaped the course of history and carved our very own nation in the light of the present. One could recognize it as a family heirloom. But has culture in all aspects and perspectives been the marvel we consider it to be?

Well no, not necessarily. History has borne testament to the fact that there are rather violent and disturbing sides to culture. Let's look at some of our abolished primitive practices. From the perspective of the modern world, the previous Indian rulers have not always been women's rights supporters and promoters as evident. But holy scriptures such as the Bhagavad Gita and the Mahabharata have always given certain importance to women's welfare.

The practice of Sati. Well, what reasons did our commoners during the medieval times give? In their opinion, a woman was better off burning in the raging fire of the funeral pyre than getting exploited by the society and strangers, after the death of their husbands. Women have always been equal to men, but we always considered them to be vulnerable (though many bold, powerful women have defended themselves and their kingdoms when required, such as Rani Lakshmi Bai). It's a fact that we've never given women a chance to speak for themselves. Nowadays people say it all happened due to adverse circumstances but when have the circumstances worked in one's favour?

If the women at that time had been given a chance to breathe after the death of their husbands, they would have made it safely into the world. But society had enforced its laws and conservative opinions on women until all this bombardment of humiliation had destroyed their reason for living, hollowing, and poisoning them from the inside out.

Culture is not a bottomless pit hole of disappointment or shame. I'd never want to inculcate that idea into someone through this article because culture has given us much more than you could imagine - livelihood, distinct choices and decisions, personality, unique opinions, and a sense of pride towards one's roots. It was one of the major factors for the branching of nationalism in India out of the blue. So, what can we do about it? Yes, stand united to bring out a change but hope that the good perspectives of culture overshadow its seamier aspects.

**SAMRAGYI ASHOK**  
**CLASS 9TH**



# NATURE'S DIARY



## THE PREVALENCE OF BRAIN STROKES IN INDIA: A SILENT EPIDEMIC

### Introduction:

The burden of stroke is increasing in India; stroke is now the fourth leading cause of death and the fifth leading cause of disability. Previous research suggests that the incidence of stroke in India ranges between 105 and 152/100,000 people per year. In India, a country experiencing rapid demographic and lifestyle changes, the prevalence of strokes has been on the rise. This silent epidemic poses a significant public health challenge, a closer examination of the contributing factors, preventive measures, and the imperative for enhanced awareness and healthcare infrastructure

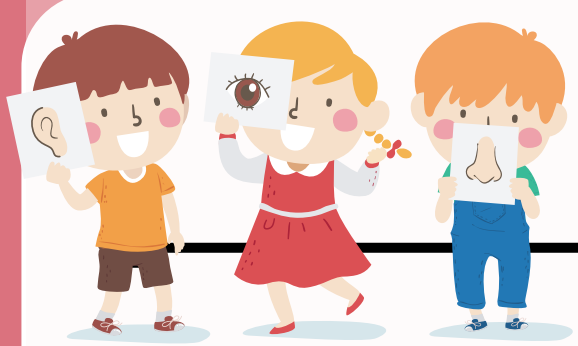
**Contributing Factors:** Several factors contribute to the increasing prevalence of strokes in India. High blood pressure, a major risk factor for strokes, affects a significant portion of the population. Unhealthy dietary habits, lack of physical activity, and tobacco use further exacerbate the risk. Additionally, the genetic predisposition of certain ethnic groups in India may contribute to a higher susceptibility to strokes.

**Challenges in Diagnosis and Treatment:** One of the challenges in addressing the stroke burden in India is the delayed recognition and treatment of symptoms. Lack of awareness about the signs of a stroke and inadequate access to emergency medical services contribute to delayed intervention. Moreover, the shortage of neurologists and specialized stroke care facilities in many regions hinders timely and effective treatment.

**Preventive Measures and Awareness:** . Public health campaigns should educate the population about the importance of a healthy lifestyle, regular health check-ups, and the early recognition of stroke symptoms. Promoting physical activity, reducing salt and saturated fat intake, and discouraging tobacco use can significantly contribute to stroke prevention.

**Conclusion:** To address the rising stroke prevalence, there is a pressing need to strengthen the healthcare infrastructure. It includes training healthcare professionals, particularly in rural and underserved areas, to recognize and manage stroke cases promptly. Raising awareness, promoting preventive strategies, and enhancing the healthcare infrastructure are pivotal in addressing this silent epidemic. As India strives for a healthier future, tackling the stroke burden should be a top priority, ensuring a better quality of life for millions of its citizens.

**ABDUL MUHEET TAYUBI**  
**CLASS 9TH**



# SENSE AND SENSIBILITY



*Music is to the soul what words are to the mind*

Music is the purest form of art gifted to us by the Universe. It is the medium through which many people express their views, vision, thought etc. It has a great history and different forms and genres and many people listen to them according to their taste. There are many genres of music like classic, rock, edm, hip-hop so on.

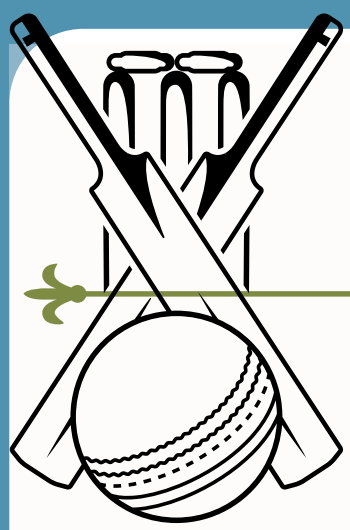
Many people love to listen to classic music as it gives peace to their mind and it requires a high musicality knowledge to understand classical music. Some people love to listen to other genres of music like rock, edm, hip-hop etc. Especially our new generation is very much indulged with the hip-hop music.

Today's Gen z is much connected with hip-hop music as it is fast and more energetic. Many people love old rock or classic pop music as they love its groovy tune and notes. Music is present in different forms and variations but at the end its motive is to unite people and spread love around the world.

Music gave me peaceful mind, mental satisfaction, mental health, increased my concentration level, filled my mind with lots of positive thoughts. Music is like meditation, if it is practiced daily with passion and devotion, it improves concentration and mental health. We can avoid the truth about the music; it is very powerful and potential thing which sparks anyone's emotion. It touches the spirit and can never be vanished from the universe.



**AMMANAT BHAT**  
**CLASS 10TH**



# DRIBBLE DABBLE



## ATTACHMENT FOR CRICKET

Being a sports captain of my school, cricket is not just a game but an emotion for me. It has been an integral part of my life since my childhood. Cricket, often referred to as a gentleman's game, is a sport that demands precision, skill, and strategy. While the players' talent and dedication are paramount, having the right gear can make a substantial difference in their performance. In this article, we will delve into the world of cricket accessories, exploring 'The Crucial Role of Cricket Accessories'.

Cricket accessories are not mere adornments; they are essential tools that aid players in various aspects of the game. From protective gear to enhance safety to specialized equipment that refines skills, these accessories play diverse roles in a cricketer's arsenal.

### 1) Cricket Bats: The Ultimate Tool

At the heart of a cricketer's gear collection lies the cricket bat. This accessory is more than just a means to strike the ball; it's an extension of a player's personality and style. Bats come in different shapes, sizes, and materials, each catering to a specific playing technique. The role of a cricket bat goes beyond hitting boundaries; it's about timing, placement, and finesse.

### 2) Protective Gear: Safety First

The fast-paced nature of cricket makes safety a top priority. Protective gear, including helmets, pads, gloves, and chest guards, forms a crucial line of defence against fast deliveries and accidental collisions. These accessories have the primary role of safeguarding players from potential injuries, allowing them to play with confidence.

### 3) Wicket Keeping and Fielding Accessories

Wicket keepers and fielders have unique roles that require specialized gear. Wicket keepers rely on padded gloves and leg guards to protect themselves from fast deliveries and maintain agility behind the stumps. Fielders, on the other hand, benefit from catching gloves, which enhance grip and reflexes, and abdominal guards for added protection while standing in close positions.

### 4) Bowling Accessories: Precision and Performance

Bowlers have an array of accessories designed to enhance their performance. From grip-enhancing sprays that ensure a firm hold on the ball to sweatbands that manage moisture during intense spells, these accessories contribute to accuracy and control. Knee braces and ankle supports are also common to prevent injuries and maintain the bowler's efficiency.

In the grand theatre of cricket, accessories often remain unseen heroes, contributing to players' success while staying in the background. These tools, each with its distinct role and purpose, collectively shape a player's experience on the field. Cricket accessories are not just equipment; they are the embodiment of dedication, passion, and the pursuit of excellence. So, the next time you witness a breathtaking catch or a perfectly timed shot, remember that cricket accessories played a vital role in making it possible.

**PERDHUM PARIHAR**  
**CLASS 9TH**

# Where Imagination and Innovation Come to Life.



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**TANISH SHARMA**  
**CLASS 9TH**

# THOSE LOONEY ONES

To,  
The Ant I stepped On

I am writing this letter to offer my sincerest apologies for the unfortunate incident between us. I never intended to cause you harm, and I deeply regret the pain I inadvertently caused when I stepped on you.

In the grand scheme of things, the world may perceive your existence as insignificant but your species has existed on this planet long before humans so I thought that I might owe you an apology since you have never caused me trouble and since we both have a common enemy, the lizard.

I understand that my actions disrupted your journey and potentially caused harm to your colony. I am genuinely sorry for any disruption or distress I caused within your community. I assure you that I will be more mindful and take greater care in the future to avoid similar accidents.

Despite the relative smallness of your brain in comparison to humans, many scientists consider you to have the largest brain of all insects, but I still don't expect you to understand the concept of the value of life. It has been a topic of philosophical inquiry throughout the ages. One controversial aspect of this discussion is the idea that some lives may be considered more important or valuable than others and hold various perspectives and ethical considerations that arise when I contemplate the relative importance of different lives such as mine and yours.

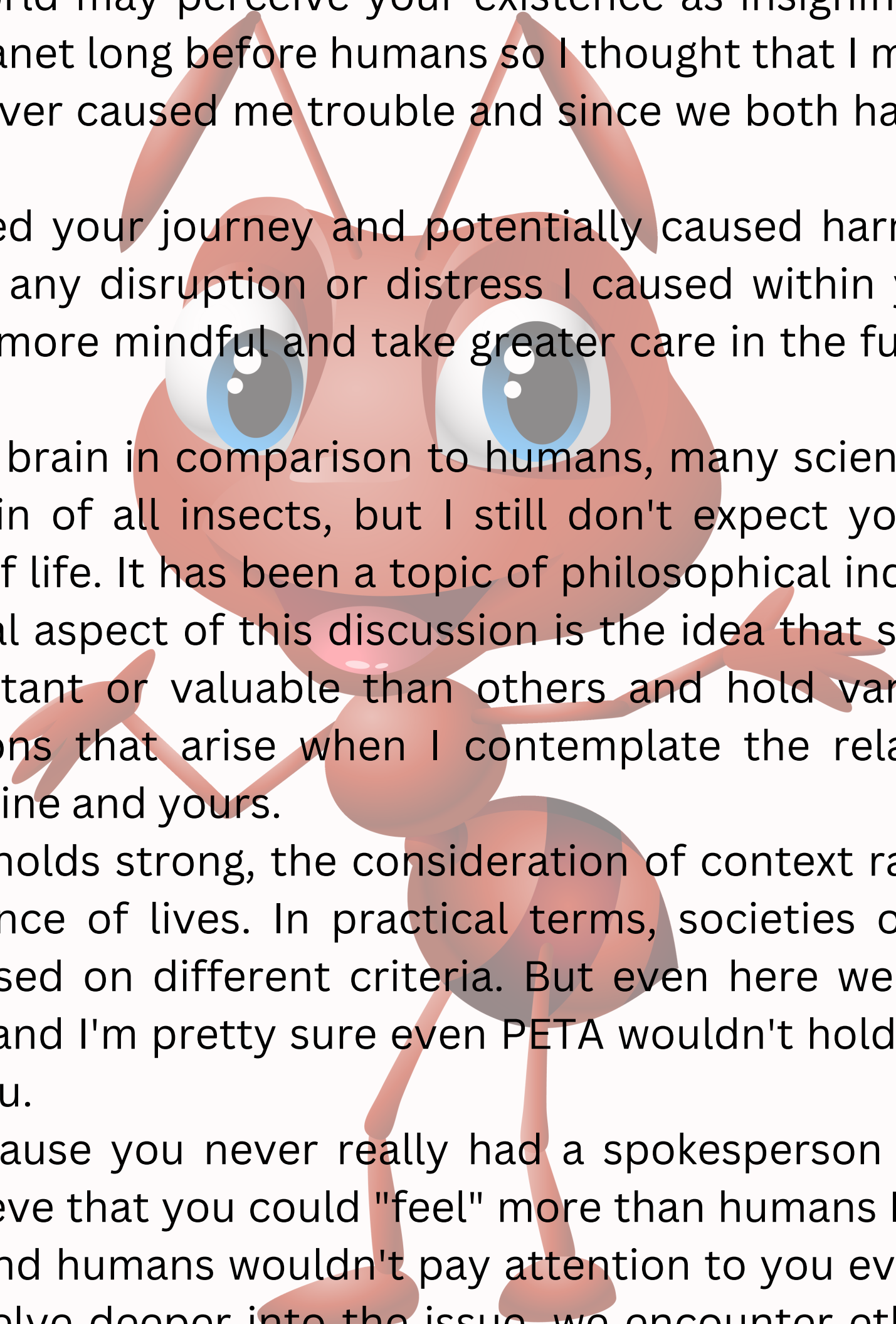
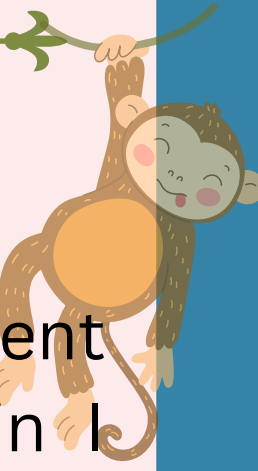
While the principle of inherent worth holds strong, the consideration of context raises questions about the relative importance of lives. In practical terms, societies often prioritize certain lives over others based on different criteria. But even here we talk about societies and not anybody else and I'm pretty sure even PETA wouldn't hold one accountable if someone stepped on you.

I can't blame us entirely, that is because you never really had a spokesperson who could solidify your stance. While I believe that you could "feel" more than humans I can never really prove it to anyone else. And humans wouldn't pay attention to you even if you did speak up because when we delve deeper into the issue, we encounter ethical dilemmas and value trade-offs. Some argue that lives involved in professions that directly benefit society, such as doctors, teachers, or humanitarian workers, hold greater importance due to their contributions.

While I'm not entirely sure if I understand how it feels to be so small that you are considered almost invisible, and people don't find it hard to hurt you without any remorse and neither do they try not to. You may not realize it but we're more connected than you think we are. I never really cared to pick up the bits and pieces of chocolate that I dropped because I knew you'd clean it up and in return, you had your meal. I hope you have recovered, and that life is treating you well. May you continue your noble endeavours in the world, and may our paths never cross in such a distressing manner again.

With Deep Regret and Sincere Apologies,

**ANIKET SONI**  
**CLASS 8TH**





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  - **HINDI SECTION:**
  - **ENGLISH SECTION:**
  - **THROUGH THE WORMHOLE:**
  - **ONENESS:**
  - **NATURE'S DIARY:**
  - **SENSE AND SENSIBILITY:**
  - **DRIBBLE DABBLE:**
  - **THOSE LOONEY ONES:**
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